

Dans un menu équilibré il doit y avoir des féculents, de la viande ou du poisson ou des œufs, des fruits et légumes frais, des produits laitiers, un peu de matières grasses et de sucre.

De l'eau ou boisson peu sucrée.

Par jour, un repas ne doit pas contenir trop de graisses, de sucre.

On ne doit pas manger trop salé, trop sucré ou trop gras.

Il faut pratiquer une activité physique régulièrement afin de rester en forme et d'éliminer les graisses.

Il faut manger 5 fruits et/ou légumes par jour.

COMMENT CHOISIR SES PLATS AFIN DE RESPECTER UN EQUILIBRE ALIMENTAIRE

A CHAQUE REPAS IL FAUT :

crudités (entrée) légumes (plat chaud) fruits frais	cuidités (entrées à base de légumes cuits)	charcuterie et entrée à base de féculents féculents plat chaud (pomme de terre, riz, semoule, pâte, blé, moquette, flageolet) pâtisserie	
poisson ou viande ou œuf		fromage (enveloppé ou à la coupe)	laitage (dessert operculé ou en ramequin)
de temps en temps fruits cuits (compote, fruits au sirop)		boisson non sucré (eau ou sirop sans sucre)	

OGEC Collège Saint-Anne

Service Restauration

menu du 5 au 9 octobre 2020

lundi 5 octobre	mardi 6 octobre
<div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">céleri rémoulade ☺</div> </div>	<div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: orange; margin-right: 5px;"></div> <div style="flex-grow: 1;">pépinette au thon ☺</div> </div>
<div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">champignons à la crème ☺</div> </div>	<div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: orange; margin-right: 5px;"></div> <div style="flex-grow: 1;">frisée lardon fromage ☺</div> </div>
<div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">avocat ---</div> </div>	<div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">pamplemousse ---</div> </div>
<div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">salade verte ---</div> </div>	<div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">salade verte ---</div> </div>
<div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: red; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: orange; margin-right: 5px;"></div> <div style="margin-right: 5px;"></div> <div style="flex-grow: 1;">blanquette de dinde riz pilaf ☺</div> </div>	<div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: red; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="margin-right: 5px;"></div> <div style="flex-grow: 1;">roti de porc jus lié poêlée choux pomme de terre ---</div> </div>
<div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: cyan; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: blue; margin-right: 5px;"></div> <div style="flex-grow: 1;">fromage enveloppé ou novly ou entremet café ---</div> </div>	<div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: cyan; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: blue; margin-right: 5px;"></div> <div style="flex-grow: 1;">fromage ou petit suisse ou mousse caramel beurre salé ---</div> </div>
<div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">jus de fruits 100% pur jus ou fruit frais</div> </div>	<div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: magenta; margin-right: 5px;"></div> <div style="flex-grow: 1;">fruits de saison compote pommes abricot ☺</div> </div>

toutes les sauces sont en libre service à côté du self

jeudi 8 octobre	vendredi 9 octobre
<div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: orange; margin-right: 5px;"></div> <div style="flex-grow: 1;">jambon blanc ☺</div> </div>	<div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">radis beurre</div> </div>
<div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: orange; margin-right: 5px;"></div> <div style="flex-grow: 1;">rillettes du mans ☺</div> </div>	<div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">salade composé</div> </div>
<div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">avocat ---</div> </div>	<div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">pamplemousse ---</div> </div>
<div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">salade verte ---</div> </div>	<div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">salade verte ☺</div> </div>
<div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: red; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">poisson frais sauce dugléré brocolis ☺</div> </div>	<div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: red; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: orange; margin-right: 5px;"></div> <div style="flex-grow: 1;">tajine de veau du civam (local) ☺</div> </div>
<div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: cyan; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: blue; margin-right: 5px;"></div> <div style="flex-grow: 1;">fromage a la coupe Yaourt / fromage blanc bio gaborit (local) ---</div> </div>	<div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: cyan; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: blue; margin-right: 5px;"></div> <div style="flex-grow: 1;">fromage ou crème dessert ou tiramisu ---</div> </div>
<div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: orange; margin-right: 5px;"></div> <div style="flex-grow: 1;">fruits frais far breton</div> </div>	<div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: orange; margin-right: 5px;"></div> <div style="flex-grow: 1;">jus de fruits ou fruit frais ☺</div> </div>

toutes les sauces sont en libre service à côté du self

nous nous réservons le droit de modifier les menus en cas d'intempérie, de rupture produits ou de soucis de stockage

lien : apersmauleon@gmail.com

**les menus sont établis par le responsable et le chef de cuisine
ils sont ensuite validés avec la commission menu du collège Sainte-Anne**



**Logo de la mention "faits maison"
décret n°2015-505 du 6 mai 2015**



**Viande
française
certifié**

OGEC Collège Saint-Anne

Service Restauration

menu du 12 au 16 octobre 2020

lundi 12 octobre	mardi 13 octobre
<div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: red; margin-right: 5px;"></div> quiche de poisson</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: red; margin-right: 5px;"></div> coquille de poisson</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> avocat ---</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> salade verte ---</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: red; margin-right: 5px;"></div><div style="width: 20px; height: 15px; background-color: orange; margin-right: 5px;"></div> pâte bolognaises ☰</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: cyan; margin-right: 5px;"></div><div style="width: 20px; height: 15px; background-color: blue; margin-right: 5px;"></div> fromage enveloppé yaourt ou crème gourmande chocolat ---</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> jus de fruits pomme poire bio local ou ananas frais ou fruit frais</div>	<div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: orange; margin-right: 5px;"></div> salade strasbourgeoise</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: orange; margin-right: 5px;"></div> salade sud ouest</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> pamplemousse ---</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> salade verte ---</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: red; margin-right: 5px;"></div><div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> filet de poulet à l'estragon pommes caramélisées ☰</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: cyan; margin-right: 5px;"></div><div style="width: 20px; height: 15px; background-color: blue; margin-right: 5px;"></div> fromage a la coupe ou liégeois ou charlotte choco poire ---</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div><div style="width: 20px; height: 15px; background-color: magenta; margin-right: 5px;"></div> fruits de saison ou sabayon de fruit</div>
toutes les sauces sont en libre service à côté du self	
jeudi 15 octobre	vendredi 16 octobre
<div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> betterave vinaigrette ☰</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> salade avocat surimi ☰</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> pamplemousse ---</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> salade verte ---</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: red; margin-right: 5px;"></div><div style="width: 20px; height: 15px; background-color: orange; margin-right: 5px;"></div> chili con carné ☰</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: cyan; margin-right: 5px;"></div><div style="width: 20px; height: 15px; background-color: blue; margin-right: 5px;"></div> fromage à la coupe ou novly ou entremet vanille ☰ *</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> fruits de saison paris brest</div>	<div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: orange; margin-right: 5px;"></div> ébly de volaille</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: orange; margin-right: 5px;"></div> salade cote ouest ☰ <i>blé-œuf-thon-tomates-mayonnaise citronné</i> avocat ---</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> salade verte ---</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: red; margin-right: 5px;"></div><div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> cœur de merlu sce citronné purée de potiron ☰</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: cyan; margin-right: 5px;"></div><div style="width: 20px; height: 15px; background-color: blue; margin-right: 5px;"></div> fromage enveloppé ou mousse au chocolat ou ile flottante ---</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> jus de fruit 100% pur jus fruit frais</div>
toutes les sauces sont en libre service à côté du self	
nous nous réservons le droit de modifier les menus en cas d'intempérie, de rupture produits ou de soucis de stockage	
lien :	apersmauleon@gmail.com

les menus sont établis par le responsable et le chef de cuisine
ils sont ensuite validés avec la commission menu du collège Sainte-Anne



Logo de la mention "faits maison"
décret n°2015-505 du 6 mai 2015



Viande
française
certifié

OGEC Collège Saint-Anne

Service Restauration

menu du 2 au 6 novembre 2020

lundi 2 novembre	mardi 3 novembre
<div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: red; margin-right: 5px;"></div> <div style="flex-grow: 1;">rilette de thon</div> <div style="width: 20px; text-align: right;">☺</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: red; margin-right: 5px;"></div> <div style="flex-grow: 1;">maquereaux moutarde</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">pamplemousse</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">--- salade verte</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">--- knacki</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: red; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: orange; margin-right: 5px;"></div> <div style="flex-grow: 1;">écrasé de patate douce</div> <div style="width: 20px; text-align: right;">☺</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">--- fromage enveloppé</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: cyan; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: blue; margin-right: 5px;"></div> <div style="flex-grow: 1;">petit suisse ou entremet praliné</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">--- jus de pomme bio local</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">--- banane</div> </div>	<div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: orange; margin-right: 5px;"></div> <div style="flex-grow: 1;">mousse de foie</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: orange; margin-right: 5px;"></div> <div style="flex-grow: 1;">rosette</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">avocat</div> <div style="width: 20px; text-align: right;">☺</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">--- salade verte</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: red; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: orange; margin-right: 5px;"></div> <div style="flex-grow: 1;">émincé de bœuf du civam (local)</div> <div style="width: 20px; text-align: right;">☺</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">trio de choux</div> <div style="width: 20px; text-align: right;">☺</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">--- fromage a la coupe</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: cyan; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: blue; margin-right: 5px;"></div> <div style="flex-grow: 1;">ou yaourt à boire ou fromage blanc gaborit local</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">--- fruits de saison</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: magenta; margin-right: 5px;"></div> <div style="flex-grow: 1;">ou tarte tatin</div> <div style="width: 20px; text-align: right;">☺</div> </div>

toutes les sauces sont en libre service à côté du self

jeudi 5 novembre	vendredi 6 novembre
<div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: orange; margin-right: 5px;"></div> <div style="flex-grow: 1;">tarte 3 fromage</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: orange; margin-right: 5px;"></div> <div style="flex-grow: 1;">friand à la viande</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">avocat</div> <div style="width: 20px; text-align: right;">☺</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">--- salade verte</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: red; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: orange; margin-right: 5px;"></div> <div style="flex-grow: 1;">veau marengo</div> <div style="width: 20px; text-align: right;">☺</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: red; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">poêlés de champignons</div> <div style="width: 20px; text-align: right;">☺</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">--- fromage à la coupe</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: cyan; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: blue; margin-right: 5px;"></div> <div style="flex-grow: 1;">ou crème dessert ou pain perdu vanille</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">--- fruits de saison</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: orange; margin-right: 5px;"></div> <div style="flex-grow: 1;">crumble de fruits</div> <div style="width: 20px; text-align: right;">☺</div> </div>	<div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">salade avocat crabe</div> <div style="width: 20px; text-align: right;">☺</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">salade tomates thon</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">pamplemousse</div> <div style="width: 20px; text-align: right;">☺</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">--- salade verte</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">--- dos de colin sauce choron</div> <div style="width: 20px; text-align: right;">☺</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: red; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: orange; margin-right: 5px;"></div> <div style="flex-grow: 1;">riz</div> <div style="width: 20px; text-align: right;">☺</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">--- fromage enveloppé</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: cyan; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: blue; margin-right: 5px;"></div> <div style="flex-grow: 1;">ou genoise fruit</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">--- jus de fruits 100% pur jus</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">ou pomme</div> </div>

toutes les sauces sont en libre service à côté du self

nous nous réservons le droit de modifier les menus en cas d'intempérie, de rupture produits ou de soucis de stockage

lien :

apersmauleon@gmail.com

**les menus sont établis par le responsable et le chef de cuisine
ils sont ensuite validés avec la commission menu du collège Sainte-Anne**



**Logo de la mention "faits maison"
décret n°2015-505 du 6 mai 2015**



**Viande
française
certifié**

OGEC Collège Saint-Anne

Service Restauration

menu du 9 au 13 novembre 2020

lundi 9 novembre	mardi 10 novembre
<div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: orange; margin-right: 5px;"></div>salade Jambon gésier fromage</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: orange; margin-right: 5px;"></div>œuf mimosa</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div>avocat</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div>salade verte</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: red; margin-right: 5px;"></div><div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div>haché de poulet petit pois carottes</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: cyan; margin-right: 5px;"></div><div style="width: 20px; height: 15px; background-color: blue; margin-right: 5px;"></div>fromage yaourt ou bavarois</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div>jus de fruits 100% pur jus fruits frais</div>	

<div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: red; margin-right: 5px;"></div>rilette de poisson -sm</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: red; margin-right: 5px;"></div><i>miette de crabe-poisson blanc-saumon-mayonnaise</i></div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: red; margin-right: 5px;"></div>pain de poisson -sm</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: red; margin-right: 5px;"></div><i>poisson blanc-crème liquide-œuf entier</i></div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div>pamplemousse -sm</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div>---</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div>salade verte</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div>---</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: red; margin-right: 5px;"></div><div style="width: 20px; height: 15px; background-color: orange; margin-right: 5px;"></div>chipolatas lentilles -sm</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: red; margin-right: 5px;"></div>---</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: cyan; margin-right: 5px;"></div><div style="width: 20px; height: 15px; background-color: blue; margin-right: 5px;"></div>fromage a la coupe ou liégeois ou pot de creme choco noisette</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: cyan; margin-right: 5px;"></div>---</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div>fruits de saison compote</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div><div style="width: 20px; height: 15px; background-color: magenta; margin-right: 5px;"></div>---</div>

toutes les sauces sont en libre service à côté du self

jeudi 12 novembre	vendredi 13 novembre
<div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: orange; margin-right: 5px;"></div>salade atlantique -sm</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: orange; margin-right: 5px;"></div>salade marito</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div>pamplemousse -sm</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div>---</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div>salade verte</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div>---</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: red; margin-right: 5px;"></div><div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div>nugget de poisson sauce tartare -sm purée 3 légumes -sm</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: red; margin-right: 5px;"></div>---</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: cyan; margin-right: 5px;"></div><div style="width: 20px; height: 15px; background-color: blue; margin-right: 5px;"></div>fromage mousse chocolat ou ile flottante</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: cyan; margin-right: 5px;"></div>---</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div>fruits de saison ou fruit au sirop</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div><div style="width: 20px; height: 15px; background-color: orange; margin-right: 5px;"></div>---</div>	

<div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div>carottes rémoulade -sm</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div>macédoine de légume -sm</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div>velouté de légumes -sm</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div>---</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div>salade verte</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div>---</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: red; margin-right: 5px;"></div><div style="width: 20px; height: 15px; background-color: orange; margin-right: 5px;"></div>bourguignon du civam (local) -sm gratins dauphinois -sm</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: red; margin-right: 5px;"></div>---</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: cyan; margin-right: 5px;"></div><div style="width: 20px; height: 15px; background-color: blue; margin-right: 5px;"></div>fromage à la coupe ou novly</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: cyan; margin-right: 5px;"></div>---</div> <div style="display: flex; align-items: center; margin-bottom: 5px;"><div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div>jus de pomme poire boi local ou tarte bourdaloue</div>

toutes les sauces sont en libre service à côté du self

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lien : apersmauleon@gmail.com

**les menus sont établis par le responsable et le chef de cuisine
ils sont ensuite validés avec la commission menu du collège Sainte-Anne**



**Logo de la mention "faits maison"
décret n°2015-505 du 6 mai 2015**



**Viande
française
certifié**

OGEC Collège Saint-Anne

Service Restauration

menu du 16 au 20 novembre 2020

lundi 16 novembre	mardi 17 novembre
<div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">salade augustin ☺</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">salade croquante ☺</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">endive-julienne d'épaule-tomate-moutarde-creme épaisse</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">pamplemousse ☺</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">---</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">salade verte</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">---</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: red; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: orange; margin-right: 5px;"></div> <div style="flex-grow: 1;">poêlée sarladaise</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: red; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: orange; margin-right: 5px;"></div> <div style="flex-grow: 1;">---</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: cyan; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: blue; margin-right: 5px;"></div> <div style="flex-grow: 1;">fromage envelopé</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: cyan; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: blue; margin-right: 5px;"></div> <div style="flex-grow: 1;">ou petit suisse ou yaourt</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: cyan; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: blue; margin-right: 5px;"></div> <div style="flex-grow: 1;">---</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">jus de fruits 100% pur jus</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">ou ananas frais</div> </div>	<div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: orange; margin-right: 5px;"></div> <div style="flex-grow: 1;">croissant au jambon</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: orange; margin-right: 5px;"></div> <div style="flex-grow: 1;">pizza royale</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">avocat ☺</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">---</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">salade verte</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">---</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: red; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: cyan; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: blue; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: red; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;"> sauté de pintade paprika ☺ gratin de choux fleurs </div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: red; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">---</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: cyan; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: blue; margin-right: 5px;"></div> <div style="flex-grow: 1;">fromage a la coupe</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: cyan; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: blue; margin-right: 5px;"></div> <div style="flex-grow: 1;">ou tarte chocolat ou yaourt</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: cyan; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: blue; margin-right: 5px;"></div> <div style="flex-grow: 1;">---</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">fruits de saison</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: magenta; margin-right: 5px;"></div> <div style="flex-grow: 1;">ou pomme au four ☺</div> </div>

toutes les sauces sont en libre service à côté du self

jeudi 19 novembre	vendredi 20 novembre
<div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">salade coleslaw ☺</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">salade argenteuil ☺</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">pamplemousse ☺</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">---</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">salade verte</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">---</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: orange; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">raviolis</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: orange; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">de légumes</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: orange; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">---</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: cyan; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: blue; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">fromage à la coupe</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: cyan; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: blue; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">pannacotta ou œuf au lait</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: cyan; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: blue; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">---</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: magenta; margin-right: 5px;"></div> <div style="flex-grow: 1;">fruits de saison</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="width: 20px; height: 15px; background-color: magenta; margin-right: 5px;"></div> <div style="flex-grow: 1;">ou cocktail de fruits</div> </div>	<div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: orange; margin-right: 5px;"></div> <div style="flex-grow: 1;">pépinette au jambon</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: orange; margin-right: 5px;"></div> <div style="flex-grow: 1;">perle de lardon</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">potage</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">---</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">salade verte</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; 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margin-right: 5px;"></div> <div style="flex-grow: 1;">jus de pomme bio local</div> </div> <div style="display: flex; align-items: center; margin-bottom: 5px;"> <div style="width: 20px; height: 15px; background-color: green; margin-right: 5px;"></div> <div style="flex-grow: 1;">fruits frais</div> </div>

toutes les sauces sont en libre service à côté du self

nous nous réservons le droit de modifier les menus en cas d'intempérie, de rupture produits ou de soucis de stockage

lien :

apersmauleon@gmail.com

**les menus sont établis par le responsable et le chef de cuisine
ils sont ensuite validés avec la commission menu du collège Sainte-Anne**



**Logo de la mention "faits maison"
décret n°2015-505 du 6 mai 2015**



**Viande
française
certifié**